# Primo Theory 

## Level 1 Revised Edition

by
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## How to Use This Book

This is a unique workbook. From these pages, the student can directly access learning materials available on the internet with the simple swipe of a mobile device. The revised Primo Music Theory Series now offers this interactive capability in all grade levels. These online supplementary materials include interactive web applications, walkthroughs, videos, and downloadable exercises. This workbook series utilizes the advantages of modern technology to enhance and accelerate the student's learning experience.

## The Ear-Training Exercises

There are various ear-training exercises provided in the appendix which can be practiced with the teacher or by the student alone. These exercises largely consist of singing drills aimed at sharpening the listening skills of the student. The teacher should first work with the student on these exercises until the student becomes familiar with the procedures. Afterward, the teacher should periodically observe as the student performs them to ensure that the student is maintaining correct practice. The student may discontinue any exercise that can be executed easily.

## The Dictation Exercises

The rhythmic and melodic dictation exercises are designed so that the student can work through them alone using interactive web applications or work through them with the teacher playing the dictation melodies. The teacher can fill in the missing measures with materials of his or her choice or use the materials provided at www.primotheory.com.

## The QR Codes

The QR codes found throughout this series can only be read using a smart mobile device which has a QR code reader app installed. If you don't have a QR code reader and don't know how to get one, follow these instructions:

Step 1: With your mobile device, open your app marketplace (App Store, Google Marketplace, etc.).

Step 2: Search for "QR reader" and download and install any one of the apps available. You can choose between free or paid versions. Do a bit of research to decide which app is best for you. Once installed, it's ready to go.

Step 3: To scan a QR code, activate the app and center the QR code in the viewfinder as if you are going to take a picture of it. Adjust the distance if necessary. Some code readers will scan the code automatically when it's in view.

If you are still unsure what to do, go to the www.primotheory.com "Help" page or email info@primopublishing.com.

## Online Resources

Throughout the text of this series you will find directions given as follows:
primotheory.com $\longrightarrow$ Resources $\longrightarrow$ Level $7 \longrightarrow$ Page 10

This means to go to the website "primotheory.com," where you will be taken to a page containing a "Resources" link. From there, follow the links-click on "Resources," which will take you to a menu with all the volume levels; click on "Level 7," which will take you to a page listing Level 7 resources by page number; finally, click on "Page 10 " to find the desired resource. But please note that, while this workbook cannot continue to grow once printed, the resources found online will continue to grow. All added resources will be listed with references to the workbook page numbers.

Be sure to visit www.primotheory.com to find links to an ever-growing list of supplemental materials for each level.

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This is a keyboard. It is made up of white keys and black keys.


The black keys are arranged in groups of 2

and 3.

(1) Circle every group of $\mathbf{2}$ black keys.

(2) Circle every group of $\mathbf{3}$ black keys.

(3) Write a " 2 " above each group of 2 black keys.

Write a " $\mathbf{3}$ " above each group of 3 black keys.


## High and Low Sounds

The keys on the left side of the keyboard sound low.

The keys on the right side of the keyboard sound high.

(4) On the piano:
a) With your left hand, play a 2-black-key group on the left side of the keyboard. These are LOW-sounding keys.
b) With your right hand, play a 3-black-key group on the right side of the keyboard. These are HIGH-sounding keys.
(5) Do the shaded keys sound high or low? Circle the correct answer.


High
or
Low

High
or
Low
(6) Two keys are shaded on each keyboard:
a) Circle the higher shaded key.

b) Circle the lower shaded key.


## Up and Down on the Keyboard

On the keyboard the sound goes UP as you move to the RIGHT.


The sound goes DOWN as you move to the LEFT.

(7) On the piano, play the lowest 2-black-key group (on the left side).

From this group, play each 3-black-key group to the right (up) until you get to the highest 2-black-key group on the right.

Notice that the sounds get higher.
(8) On the piano, play the highest 3-black-key group (on the right side).

From this group, play each 3-black-key group to the left (down) until you get to the lowest 3-black-key group on the left.

Notice that the sounds get lower.
(9) Which way is the arrow pointing? Circle up or down under each keyboard.

or
Down

or
Down

or
Down

## REVIEW: Section 1

(1) Draw a $\square$ around each 2-black-key group. Draw a $\qquad$ around each 3-black-key group.

(2) Above each keyboard draw an arrow that points the correct direction. Example:


Down


Up
(3) Do the shaded keys sound high or low? Circle the correct choice.


High
or
Low

High
or
Low
(4) Complete the keyboard by adding the 2-black-key and 3-black-key groups. The outline of a 2-black-key group is given to get you started.


The Music Alphabet

There are 7 letters in the music alphabet:
A
B
(1) How many letters are there in the music alphabet? $\qquad$
(2) Write the letters of the music alphabet. The first letter is given.

A $\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(3) Fill in the missing letters. The letters should be in alphabetical order.

A B C D $\qquad$ F G

A B $\qquad$ D E $\qquad$ G

A B $\qquad$ D E F G

F G A $\qquad$ D $\qquad$ F G

Up and Down Along the Music Alphabet
The sound goes UP when moving
The sound goes DOWN when moving forward along the alphabet.

(4) Complete the music alphabet going UP.

(5) Complete the music alphabet going DOWN.

(6) For each example, add to the music alphabet going UP.

(7) For each example, add to the music alphabet going DOWN.


## Going Up and Down

(8) Write a letter of the music alphabet in each box.

When the boxes go up, move up the alphabet.
When the boxes go down, move down the alphabet.




## Section 3 <br> White Key Names

The white keys are named after the 7 letters of the music alphabet.

The group of three black keys can be used to find F G A B.


Think of the F G A B group as a big house.


The group of two black keys can be used to find C D E.


Think of the C D E group as a small house.


At the keyboard, the teacher may introduce the key names to the student using the following story or a variation thereof:

## The F G A B group

Walking forward (to the right), you approach grandma's house-the big house.
(Show the F G A B keys surrounding the 3-black-key group.)
You get to the Front door (play the F key and explain that "front" starts with "F").
Grandma greets you as you enter (play the G key-"Grandma" starts with "G").
She takes you to the kitchen for some of her Apple pie (demonstrate "A").
After you finish the pie, you stand looking out the Back door (demonstrate "B").

## The C D E group

Looking out at the backyard, you see a dog house-the small house.
(Show the CD E keys surrounding the 2-black-key group.)
The Cat (demonstrate "C") is sitting just outside the back door smelling that apple pie!
The Dog is sleeping in his house (show that the " $D$ " key is in the middle of the 2-black-key group).
But the big surprise-you see an Elephant (show "E") at the edge of the yard!

## Assignment

(1) Have the student recite the story (or a variation thereof) in his or her own words, playing the appropriate keys to demonstrate the story elements.
(2) Write the letters $\mathbf{C}, \mathbf{D}$, and $\mathbf{E}$ on the correct keys.

Those keys that are not named C, D, or E should be left blank.


Notice that the white keys surrounding the 3-black-key group are named using the last two letters and first two letters of the music alphabet.


ABCDEFGABCDEFG
(3) Write the letters $\mathbf{F}, \mathbf{G}, \mathbf{A}$, and $\mathbf{B}$ on the correct keys.

Those keys that are not named F, G, A, or B should be left blank.


## Color the Keys

(4) Circle all the 2-black-key groups. Write C D E on the correct white keys.

Color all C's blue.
Color all D's purple.
Color all E's red.

(5) Circle all the 3-black-key groups. Write F G A B on the correct white keys.

Color all F's orange.
Color all G's yellow.
Color all A's green.
Color all B's light blue.


## Name the Keys

(6) Name the shaded keys.


## REVIEW: Sections 1-3

(1) How many letters are there in the music alphabet? $\qquad$
(2) Fill in the missing letters. The letters should be in alphabetical order.
A B C D $\qquad$ F G _ B C
F G A
$\qquad$ -
D $\qquad$ F G

- $\qquad$ E F G
(3) Add to the music alphabet going up.

(5) Which way is the arrow pointing? Circle up or down.

(6) Two keys are shaded on each keyboard:
a) Circle the lower shaded key.
b) Circle the higher shaded key.

(7) Name the shaded keys.

$\qquad$
$\qquad$


## Section 4 <br> The Staff

## This is a staff.

$\qquad$

A staff has five lines and four spaces.
The lines and spaces are numbered from bottom to top.

(1) Number the lines and spaces on the staff. Start at the bottom.


(2) The circles are placed on lines. Write the correct line number in each circle.

(3) The circles are placed in spaces. Write the correct space number in each circle.


## Notes on the Staff

A note is a symbol that represents a musical sound, or tone.
This is a Whole Note: $\mathbf{O}$

When a note appears between the lines
of the staff, it is called a space note.


Space notes

When a note appears on a line, it is called a line note.


Line notes
(4) Circle all the line notes.

(5) Circle all the space notes.

(6) Write $\mathbf{L}$ under each line note and $\mathbf{S}$ under each space note.

(7) Write the correct line number under each note.

(8) Write the correct space number under each note.

$\qquad$

## Section 5

## The Treble Clef

This is a Treble Clef.


The treble clef marks the G line on the staff.


It is also called the $\mathbf{G}$ clef.
(1) Trace over the G line to make it darker.

(2) Circle the whole note that is on the G line.


The LINE notes of the treble staff.

(3) Write the correct letter name of each line.


The SPACE notes of the treble staff.

(4) Write the correct letter name of each space.


## Treble Clef Line and Space Notes

(5) Name the line and space notes.


## Section 6

## The Bass Clef

This is a Bass Clef.


The bass clef marks the F line on the staff.


It is also called the $\mathbf{F}$ clef.
(1) Trace over the F line to make it darker.

(2) Circle the whole note that is on the F line.


The LINE notes of the bass staff.

(3) Write the correct letter name of each line.


The SPACE notes of the bass staff.


A C E G
(4) Write the correct letter name of each space.


## Bass Clef Line and Space Notes

(5) Name the line and space notes.


## REVIEW: Sections 1-6

(1) Which way is the arrow pointing? Circle up or down.

(2) Two keys are shaded on each keyboard:
a) Circle the lower shaded key.
b) Circle the higher shaded key.

(3) Write an $\mathbf{X}$ on the lowest key of this keyboard:

(4) Complete each statement by circling the correct choice or filling in the blanks.
a) $\overline{\bar{\Xi}}$
This is a (circle one) keyboard staff alphabet
It has (how many) ___ lines and ___ spaces.
b) This is a (circle one) bass clef staff whole note
c) This is a (circle one) bass clef staff $\begin{gathered}\text { treble clef } \\ \text { c) is also called (circle one) G clef F clef note }\end{gathered}$
d) $\quad$ :

This is a (circle one) keyboard bass clef treble clef
It is also called (circle one) F clef whole note G clef
(5) On each keyboard, a key is marked with a dot. On each staff, there is a note on a line or space. Draw a line connecting each marked key to the staff note that shares the same letter name.


## Challenge

(6) A note is shown and named on each staff, but the clef is missing!

Draw a line connecting each staff to the clef that would make the note name true.


## Section 7

## Rhythm

Bar lines are used to form measures.
A double bar line is used to mark the end of a piece or section.

(1) Draw a bar line under each arrow.

Draw a double bar line at the end of the staff.
How many measures are there on the staff below? $\qquad$

(2) Some of the measures below have been numbered. Fill in the rest of the blanks.

(3) Complete the statements below.


There are (how many) $\qquad$ measures on the staff.

A whole note appears in measures (number) $\qquad$ and $\qquad$ .

A time signature is placed at the beginning of a piece of music, to the right of the clef sign.


4
The top number shows how many beats are in each measure.
The bottom number $\mathbf{4}$ means a quarter note ( $(\boldsymbol{\downarrow})$ gets one beat.
(4) How many beats are there in each measure according to the time signature? Write the correct number on each blank.

4
$\qquad$ beats

2
$\qquad$ beats

3
$\qquad$ beats
(5) Write the correct top number for each time signature.


Two beats per measure


Three beats per measure


Four beats per measure
(6) Circle the top number of each time signature.

Write the numbers representing the counts found in each measure.

$12 \underline{3}$


$$
1 \underline{2} \underline{3} 4
$$

## Note Values

The note values for time signatures with $\mathbf{4}$ as the bottom number:
Whole Note $\quad$ Half Note $\quad$ Quarter Note
(7) Clap the rhythms as you count aloud.

Whole Notes

```
O
\(\begin{array}{llll}1 & 2 & 3 & 4\end{array}\) (count)
```

O

## Quarter Notes


(8) Clap the rhythms as you count aloud.


## Half Notes


(9) This note $d$ is a (circle one) quarter note half note whole note Do the following notes go up or down? Circle the correct choice in each box.

(10) This note $\downarrow$ is a (circle one) quarter note or half note or whole note Do the following notes go up or down? Circle the correct choice in each box.


Try again!
(11) Can you draw whole notes going up?

(12) Can you draw whole notes going down?


## Section 8 <br> Drawing Notes

The half note consists of a note head and stem. The note head is not filled in.


## Stem Placement: UP-Stems

When a stem goes up, it is placed on the right side of the note head.

correct

wrong

A note with an up-stem resembles the letter "d."
(1) Trace the note heads. Add up-stems to each note head.
(2) Draw a half note with an up-stem in each box.


## Stem Placement: DOWN-Stems

When a stem goes down, it is placed on the left side of the note head.


## (3) Trace the note heads.

Add down-stems to each note head.
ठ
ठ ठ ठ ठ

"
$\square$

The quarter note consists of a note head and stem. The note head is filled in.


## Memory aid:

Use "doctor pepper" with notes replacing the " d " and " p " to remember on which side of the note head the stem should go:

(5) Draw a quarter note in each box.

up-stem

down-stem

up-stem

up-stem

down-stem

down-stem
(6) Some of the stems are placed on the wrong side of the note head.

Draw an $\mathbf{X}$ across each note with incorrect stem placement.

(7) Draw half notes with up-stems.


## Section 9 Steps and Skips on the Keyboard

## Stepping UP on the Keyboard

On the keyboard, a STEP is the distance from one white key to the very next white key.

On the keyboard, when you step UP you go to the RIGHT.


Going UP is forward
in the music alphabet.
(1) Name the key a step up (to the right) from each labeled key.


Stepping DOWN on the Keyboard
On the keyboard, when you step DOWN you go to the LEFT.


Going DOWN is backward in the music alphabet.
(2) Name the key a step down (to the left) from each labeled key.


## SKIPS on the Keyboard

On the keyboard, two white keys that are a SKIP apart will have one white key between them.

(3) Circle the letter $\mathbf{A}$, then circle the letters skipping up from it.
A B
C D E
F G A B
C
D
E
F G A
(4) Name the key a skip up from each labeled key.

Draw an $\mathbf{X}$ on the keys you are skipping. The first example has been done for you.

(5) Name the key a skip down from each labeled key.

Draw an $\mathbf{X}$ on the keys you are skipping. The first example has been done for you.

(6) Write the letter name a skip UP from each given letter.
(7) Write the letter name a skip DOWN from each given letter.
A $\qquad$ E $\qquad$
$\qquad$ F $\qquad$

## REVIEW: Sections 3-9

(1) Write the correct letter name on each key.


Time Signature
Treble Clef
Bass Clef
(3) Circle the correct choice for the following symbol:
$0:$
Treble Clef Measure

Bass Clef
(4) Name the notes. Notice the clef signs!

$\qquad$
$\qquad$
$\qquad$
$\qquad$
(5) Circle the correct symbol for each term.

(6) How many beats are there in each measure? Write the correct number on each blank.
3
4
4
2
$\qquad$ beats $\qquad$ beats $\qquad$ beats
(7) Write the correct number of beats each note gets in 4 time.
$0=$ $\qquad$ beats
$\partial=\quad$ beats
$\downarrow=$ beat
(8) Clap the rhythms as you count aloud.


0

0

(9) Name the key a STEP up (to the right) from each labeled key.

(10) Name the key a SKIP down (to the left) from each labeled key.

(11) Draw a note in each box according to the description. (Remember the stem rules!)

half note
up-stem

quarter note
down-stem

whole note

quarter note up-stem

half note down-stem

## Section 10 Note Direction on the Staff

## High and Low Notes on the Staff

Notes that are high on the staff sound higher than notes that are low on the staff.
higher-sounding

lower-sounding
(1) Circle the higher note of each pair.

(2) Circle the lower note of each pair.


Notes that sound the same will appear on the same line or space on the staff.
The term pitch is used to describe how high or low a note sounds.

(3) Circle the pairs of notes that repeat the same pitch.


## Moving Up and Down on the Staff

Notes moving UP on the staff.
Moving up on the keyboard.


Notes moving DOWN on the staff.


Moving down on the keyboard.

(4) Do the notes move up, down, or repeat? Circle the correct choice for each example.


Up
Repeat
Down


Up
Repeat
Down

Up
Repeat
Down



Up
Repeat
Down


Up
Repeat
Down


Up
Repeat
Down


Up
Repeat
Down


Up
Repeat
Down

## STEPS

## Stepping Up on the Staff

On the staff, notes that step up move two ways:

(5) Circle the pairs of notes that step up.


## Stepping Down on the Staff

On the staff, notes that step down move two ways:

(6) Circle the pairs of notes that step down.


## SKIPS

## Skipping Up on the Staff

On the staff, notes that skip up move two ways:

(7) Circle the pairs of notes that skip up.


## Skipping Down on the Staff

On the staff, notes that skip down move two ways:

(8) Circle the pairs of notes that skip down.


## REVIEW: Sections 9-10

(1) For each staff, write the name of the note in the box provided.

Draw a line connecting each letter name to the keyboard that has the shaded key of the same name.

(2) The notes of each staff go up or down. The arrow above each keyboard points up or down. Connect the up-arrow keyboard to the staves with notes that go up. Connect the down-arrow keyboard to the staves with notes that go down.

(3) Name the key a STEP up from each labeled key.

(4) Name the key a SKIP down from each labeled key.

(5) The notes of each pair move by step or skip. Circle the correct answer.

(6) Draw a $\triangle$ around the highest note of each staff.

Draw a $\square$ around the lowest note of each staff.

(7) Draw a note in each box according to the description. (Remember the stem rules!)

half note down-stem

quarter note up-stem

whole note half note up-stem

quarter note down-stem

## Section 11 <br> Rhythmic Notation

## Counting Rhythms in 4 Time

When counting notes under a time signature, you must give every beat a place in the measure.

Counting the beats in 4 time.

(1) In each measure, write the counts under the notes. The first measure of each staff is given. Clap the rhythms as you count aloud.


$$
1234
$$



$$
1234
$$

(Line up the numbers carefully!)


1234
(2) In each measure, write the counts under the notes. The first measure of each staff is given. Clap the rhythms as you count aloud.


$$
1234
$$



$$
1234
$$

(3) In each measure, write the counts under the notes. Clap the rhythms as you count aloud.

(4) The first measure below has been numbered. Fill in the rest of the blanks.


## Section 12 <br> Rests

A rest is a symbol used to indicate silence for a certain length of time.


The whole rest gets four beats in 4 time.

The whole rest is shaped like a solid rectangle. It hangs from line $\mathbf{4}$ of the staff.


The whole rest looks like a (w)hole in the ground.
(1) Write the counts of the measure below the whole notes and rests.

Clap the rhythms as you count aloud.


1234

The Half Rest
The half rest gets two beats in 4 time.

The half rest is also shaped like a solid rectangle. It sits on line $\mathbf{3}$ of the staff.

(2) Write the counts of the measure below the half notes and rests.

Clap the rhythms as you count aloud.


## Whole and Half Rests

(3) Write the counts of the measure below the notes and rests. Clap the rhythms as you count aloud.

(Line up the numbers carefully!)

(Line up the numbers carefully!)

## The Quarter Rest

3
The quarter rest gets one beat in 4 time.

The quarter rest is placed in the middle of the staff, between the top and bottom staff lines.

(4) Write the counts of the measure below the notes and rests. Clap the rhythms as you count aloud.


1234


## Section 13 <br> The Grand Staff

## The Grand Staff

The treble staff (on the top) and bass staff (on the bottom) are joined by a brace to form the grand staff.


The bar lines extend through both staves of the grand staff.

(1) Write the correct letter names for the lines and spaces.

(2) Name the notes. Notice the clef signs!

$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

## Section 14

## Middle C

## Middle C on the Keyboard

On the keyboard, middle $\mathbf{C}$ is the $\mathbf{C}$ located closest to the middle of the keyboard.

On a full 88-key keyboard, middle C is the fourth C from the left.


## Middle C on the Staff

On the grand staff, middle C is found on a ledger line between the treble and bass staff.

Middle C is sometimes placed near the treble staff.


Middle C is below the treble staff.

Middle C is sometimes placed near the bass staff.


Middle C is above the bass staff.
(1) The keyboard below is a full 88-key keyboard.

Find and color the middle C key by taking the following steps:
a) Find the lowest C and write the number " 1 " under it.
b) Find the next C going up and write " 2 " under it.
c) Find the next $C$ going up and write " 3 " under it.
d) Find the next C going up and write " 4 " under it. This is middle $\mathbf{C}$.
e) Color in the middle $C$ key with your pencil.

(2) Find and circle all the middle C's on the staves below.

(3) Name the notes. Circle the middle C's.

(4) Challenge: Study the musical example below and answer the questions.

a) How many measures are there?
b) Do the notes in the first measure move by step or skip?
c) Do the notes in the last measure move by step or skip? $\qquad$

The Notes Above Middle C
The notes stepping up from middle C on the treble staff are as follows:

(5) Name the notes.

$\qquad$
$\qquad$
$\qquad$

$\qquad$
$\qquad$

The Notes Below Middle C
The notes stepping down from middle C on the bass staff are as follows:

(6) Name the notes.

(7) Circle the groups of notes that are a STEP apart. Write the letter names under those notes.

(8) Circle the groups of notes that are a SKIP apart. Write the letter names under those notes.

(9) Study the musical example below and answer the questions or follow the directions.

a) How many measures are there? $\qquad$
b) In the first measure, circle the two notes that move by step.
c) In the second measure, circle the two notes that move by skip.
d) Do the notes in the last measure move up or down? $\qquad$
e) How many middle C's are there?
f) Look at all the measures and draw a $\square$ around the highest note of all.

## Section 15

## Rhythm Review

(1) Write the correct number of beats each note or rest gets in 4 time.
$\partial=$
beats
0
$=$ $\qquad$ beats $\partial=\quad$ beat
$\qquad$ beat n = beats T = beats
(2) Label each rest below: $\mathbf{W}$ for whole rest, $\mathbf{H}$ for half rest, and $\mathbf{Q}$ for quarter rest.

(3) For each staff, count the number of beats per measure and write the correct top number for each time signature.

(4) Draw a note in each box according to the description. (Remember the stem rules!)

half note
up-stem

quarter note down-stem

whole note
half note
down-stem

quarter note up-stem

## Whole Rests and Half Rests

(5) Write the counts of the measure below the notes and rests. Clap the rhythms as you count aloud.

(Line up the numbers carefully!)

(6) Draw bar lines where they are needed. (Check the time signature!)

(7) Study the musical example below and answer the questions.

a) How many beats are in each measure? $\qquad$
b) How many measures are there? $\qquad$
c) Do the notes in the fourth measure move by step or skip?

## Section 16

## Level 1 Review

(1) Name the line and space notes.

(2) Name the notes. Circle the middle C's.


Be careful here! Keep in mind the clefs being used.
(3) Find and circle only the middle C's found on the staves below.

(4) For each staff, write the name of the note in the box provided.

Draw a line connecting each letter name to the keyboard that has the shaded key of the same name.

(5) On each staff the notes move move up, down, or repeat. Circle the correct choice.

Up
Repeat
Down

Up
Repeat
Down

Up
Repeat
Down
(6) In the musical example below, the notes in each box move up, down, or repeat.

Write the correct choice on the line provided under the notes.


## Puzzle Challenge

(7) Find your way through the maze. From the starting bubble, look at each bubble connected by the dotted lines. Connect to the bubbles that agree by tracing over the dotted line.

## START



Having trouble with this maze?
Just scan this code for help or go to the following:
primotheory.com $\rightarrow$ Level $1 \rightarrow$ Page 52

## Challenge: Music Analysis

(8) Look at the musical example below and answer the questions or follow the directions.

a) How many beats are in each measure? $\qquad$
b) How many measures are there? $\qquad$
c) The notes in measure 2 move by step or skip (circle one)
d) The notes in measure 2 move up or down
e) The notes in measure 3 move by step or skip
f) The notes in measure 3 move up or down
g) Look at all the measures and draw a $\triangle$ around the highest note of all.
h) Look at all the measures and draw a $\square$ around the lowest note of all.
(9) Look at the musical example below and answer the questions or follow the directions.

a) How many beats are in each measure? $\qquad$
b) How many measures are there?
c) The notes in measure 1 move by step or skip or repeat (circle one)
d) In measure 2, circle the two notes that skip.
e) The notes in measure 3 move by step or skip or repeat
f) The notes in measure 3 move up or down
g) Look at all the measures and draw a $\square$ around the highest note of all.
h) Look at all the measures and draw a $\square$ around the lowest note of all.

## APPENDIX I

## Ear-Training Exercises

The following exercises should be administered by the teacher.
The exercises should be transposed to accommodate the student's natural singing range.

## Singing and Matching Pitches

(1) The teacher plays a tone; the student sings and matches the pitch.

When singing the tones, the student can use any comfortable syllable such as "la."
The exercise should be continued until the student can match the pitches easily.

## Singing Basic Melodic Patterns

(2) From time to time during the practice of the following melodic patterns, the teacher should play a chord or scale pattern in order to maintain the key center in the student's ear. The student should use movable-Do solfège.

Use the following procedure as a starting point in practicing the melodic patterns.
a) The teacher plays the melodic pattern, then the starting tone.
b) The student sings and matches the starting pitch.
c) The student sings the pattern as the teacher plays along.

Use the following patterns:

solfège: Do $\operatorname{Re} \mathrm{Mi}$


## Listening: Single Tones and Melodic Patterns

In the following exercises, the teacher plays and the student listens.
(3) The teacher plays two tones that are the same pitch or two different pitches.

The student answers "same" or "different."
(4) The teacher plays tones that sound either high or low.

The student answers "high" or "low."
(5) The teacher play groups of tones that move up or down.

The teacher should use stepwise patterns of 3 to 5 tones or a skipping pattern of 3 tones. The student answers "up" or "down."


Go here to practice these exercises online:
primotheory.com $\rightarrow$ Level $1 \rightarrow$ Listening Practice


## APPENDIX II

## Online Ear-Training Assignments

## Note to Teachers

The following assignments may be completed by the student alone using the online tools provided. Each assignment can be accessed directly with a mobile device using the QR codes provided for each assignment.

Those students using a desktop computer should take the following route to access the menu for these online assignments:
primotheory.com $\rightarrow$ Level $1 \rightarrow$ Appendix II: Ear-Training Assignments

The answers to the ear-training assignments are accessible only to the purchaser of this book. Email info@primotheory.com to request the password or printable PDF file.

## Assignment 1

(1) Do the tones sound high or low? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| high | high | high | high | high |
| low | low | low | low | low |

(2) Do the tones sound the same or different? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| same | same | same | same | same |
| different | different | different | different | different |

(3) Do the tones move up or down? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| up | up | up | up | up |
| down | down | down | down | down |

## Assignment 2

(1) Do the tones sound high or low? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| high | high | high | high | high |
| low | low | low | low | low |

(2) Do the tones sound the same or different? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| same | same | same | same | same |
| different | different | different | different | different |

(3) Do the tones move up or down? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| up | up | up | up | up |
| down | down | down | down | down |

## Assignment 3

(1) Do the tones sound high or low? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| high | high | high | high | high |
| low | low | low | low | low |

(2) Do the tones sound the same or different? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| same | same | same | same | same |
| different | different | different | different | different |

(3) Do the tones move up or down? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| up | up | up | up | up |
| down | down | down | down | down |

## Assignment 4

(1) Do the tones sound high or low? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| high | high | high | high | high |
| low | low | low | low | low |

(2) Do the tones sound the same or different? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| same | same | same | same | same |
| different | different | different | different | different |

(3) Do the tones move up or down? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| up | up | up | up | up |
| down | down | down | down | down |

## Assignment 5

(1) Do the tones sound high or low? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| high | high | high | high | high |
| low | low | low | low | low |

(2) Do the tones sound the same or different? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| same | same | same | same | same |
| different | different | different | different | different |

(3) Do the tones move up or down? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| up | up | up | up | up |
| down | down | down | down | down |

## Assignment 6

(1) Do the tones sound high or low? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| high | high | high | high | high |
| low | low | low | low | low |

(2) Do the tones sound the same or different? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| same | same | same | same | same |
| different | different | different | different | different |

(3) Do the tones move up or down? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| up | up | up | up | up |
| down | down | down | down | down |

## Assignment 7

(1) Do the tones sound high or low? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| high | high | high | high | high |
| low | low | low | low | low |

(2) Do the tones sound the same or different? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| same | same | same | same | same |
| different | different | different | different | different |

(3) Do the tones move up or down? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| up | up | up | up | up |
| down | down | down | down | down |

## Assignment 8

(1) Do the tones sound high or low? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| high | high | high | high | high |
| low | low | low | low | low |

(2) Do the tones sound the same or different? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| same | same | same | same | same |
| different | different | different | different | different |

(3) Do the tones move up or down? Circle the correct answer.

| 1. | 2. | 3. | 4. | 5. |
| :---: | :---: | :---: | :---: | :---: |
| up | up | up | up | up |
| down | down | down | down | down |

## APPENDIX III

Study Materials

High and Low Sounds


The 7 letters of the music alphabet
A
B
C D
E F
G

Think of the C D E group as a small house.

Think of the F G A B group as a big house.



The music alphabet given twice

## STEPS

## Stepping UP on the staff

line to space
$\overline{\square \quad 0 \quad 0}$
or
space to line


Stepping UP on the Keyboard


Next key to the RIGHT

Stepping DOWN on the staff
line to space

or
space to line
r


Stepping DOWN on the Keyboard


Next key to the LEFT

## SKIPS

Skipping UP on the staff


Skipping UP on the Keyboard


Two steps to the RIGHT

Skipping DOWN on the staff


Skipping DOWN on the Keyboard


Two steps to the LEFT

There is one white key between two white keys that are skipping. The skipped key is marked with an " $X$."


## Treble Clef

Line notes


Bass Clef
Line notes


The Treble Clef is also called the G Clef because it marks the G line, line 2. To the right are some examples of G Clefs used hundreds of years ago. Notice how the treble clef is really a fancy letter G.

The Bass Clef is also called the $\mathbf{F}$ Clef because it marks the F line, line 4. Some old F Clefs are illustrated here. Can you see their resemblance to the modern F Clef?

## The Notes Above Middle C

The notes stepping up from middle C in the treble staff are as follows:


C D E

## Space notes



Space notes


## The Notes Below Middle C

The notes stepping down from middle C in the bass staff are as follows:


C B A

## Rhythm

Bar lines are used to form measures.
A double bar line is used to mark the end of a piece or section.


A time signature is placed at the beginning of a piece of music, to the right of the clef sign.


The top number shows how many beats are in each measure.
The bottom number shows the number of beats a whole note gets.

Example:


There are four beats per measure.
The quarter note (d) gets one beat (because the whole note gets four beats).

| Whole Note | Dotted Half Note | Half Note | Quarter Note |
| :---: | :---: | :---: | :---: |
| 0 | 0 . | 0 | $\checkmark$ |
| 4 beats | 3 beats | 2 beats | 1 beat |
| Whole Rest |  | Half Rest | Quarter Rest |
| - |  | - | 3 |
| 4 beats |  | 2 beats | 1 beat |

